

SOUTHWEST HIGH SCHOOL LUNCH MENU

JAN - FEB 2012	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CREATIONS Sides: Homemade Garlic Bread Frt/Sld Bar	Spaghetti w/Meat Sauce	Pasta w/Tomato Sauce Meatballs	Chili Mac	Meat Loaf Mashed Potatoes Gravy	Spaghetti w/Tomato Sauce
GRILL Sides: Frsh Carrots Fresh Fruit Baked Fries	Flame Broiled Cheese Burger Spicy Chicken Sandwich Bacon Cheese Burger Cheese	Flame Broiled Cheese Burger Spicy Chicken Sandwich Hot Dog Cheese	Flame Broiled Cheese Burger Spicy Chicken Sandwich Bacon Cheese Burger Cheese	Flame Broiled Cheese Burger Spicy Chicken Sandwich WG Corn Dog Cheese	Flame Broiled Cheese Burger Spicy Chicken Sandwich Bacon Cheese Burger Cheese
PIZZA Sides; Frsh Carrots Fresh Fruit	Pepperoni Sausage	Pepperoni Pepperoni & Jalapeno	Pepperoni Hawaiian	Pepperoni Pepperoni & Sausage	Pepperoni Veggie
SALSA Sides: Refried Bns Spanish Rice	Hard or Soft Chicken Tacos Nachos	Fajita Chicken Nachos	Hard or Soft Beef Tacos Nachos	Chicken & Rice Burrito Nachos	Bean & Cheese Burrito Nachos
DELI Sides: Frsh Carrots Fresh Fruit Baked Chips	DELI BAR <u>WINDOWS:</u> Ham & Cheese Sub Chicken Caesar Salad Buffalo Chicken Wrap	DELI BAR <u>WINDOWS</u> Italian Sub Taco Salad Turkey & Cheese Wrap	DELI BAR <u>WINDOWS</u> American Sub Chicken BLT Salad Buffalo Chicken Wrap	DELI BAR <u>WINDOWS</u> Turkey & Cheese Sub Crispy Chicken Salad Turkey & Cheese Wrap	DELI BAR <u>WINDOWS</u> Tuna Sub Tuna Salad Ham & Cheese Wrap
CHOPSTICKS Sides: Steam Rice Veg Chw Mn	Sweet & Sour Chicken	Mongolian Beef	Orange Chicken	Teriyaki Chicken	Orange Chicken
FAVORITES Sides: Frsh Carrots Fresh Fruit Baked Fries	Chicken Nuggets	Spicy Chicken Breast Tenders	Chili Cheese Fries	WG Cheese Filled Breadstick w/Marinara Sauce	Chicken Nuggets
* All meals come with 1% White or Non Fat Chocolate Milk * Menu subject to change					