

BREAKFAST

SEPTEMBER 2019

Central / Southwest

Create the kind of self you will be happy to live with all your life.

Foster C. McClellan

Menu Subject to Change
Variety of fruit & milk offered daily

Monday



Tuesday

Wednesday

Thursday

Friday

Churros **3**
Yogurt w/ Granola
Asst. low sugar cereal
Asst. Muffins

Breakfast Burrito w/ Salsa **4**
Yogurt w/ Granola
Asst. low sugar cereal
Asst. Muffins

Bagel w/ Cream Cheese **5**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Yogurt Parfait **6**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

WG Donuts **9**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Cinnamon Roll **10**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Breakfast Burrito w/ Salsa **11**
Yogurt w/ Granola
Asst. low sugar cereal
Asst. Muffins

French Toast Sticks **12**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Banana Yogurt Split **13**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Breakfast Bites **16**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Pancakes & Sausage **17**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Breakfast Burrito w/ Salsa **18**
Yogurt w/ Granola
Asst. low sugar cereal
Asst. Muffins

Waffle Sticks **19**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Breakfast Sandwich **20**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

WG Donuts **23**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Churros **24**
Yogurt w/ Granola
Asst. low sugar cereal
Asst. Muffins

Breakfast Burrito w/ Salsa **25**
Yogurt w/ Granola
Asst. low sugar cereal
Asst. Muffins

Bagel w/ Cream Cheese **26**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Yogurt Parfait **27**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins

Prior year meal applications expire!!

Breakfast Bites **30**
Yogurt w/ Granola
Asst. low sugar Cereal
Asst. Muffins



Breakfast Prices: Paid \$2.25 Reduced .40 Milk .50 Adult Breakfast \$3.50

For more information on meal payments, meal applications, menus and our school wellness policy, please visit our nutrition services page on the school website

Questions please call 760-336-4433

This institution is an equal opportunity provider

