



LUNCH

Menu Subject to Change  
Variety of Fruits, Vegetables & Milk Offered Daily

# SEPTEMBER 2019

Central/ Southwest

Daily Offerings

Outside Service Windows: Hamburger, Cheeseburger,  
Spicy Chicken Burger, Cheese Pizza or Pepperoni Pizza  
Deli: Ham or Turkey Sandwich or P.B. & J Sandwich

## Monday



Chicken & Gravy w/ Mashed Potatoes **9**  
Grilled Cheese Sandwich  
Bacon Cheeseburger  
Chicken Caesar Salad  
Sausage Pizza

BBQ Chicken Burger **16**  
Cheesy Bacon Wedges  
Bacon Cheeseburger  
Chicken Caesar Salad  
Sausage Pizza

Popcorn Chicken Bowl **23**  
Bean & Cheese Burrito  
Bacon Cheeseburger  
Chicken Caesar Salad  
Sausage Pizza

Meatball Sub **30**  
Rice, Bean & Cheese Burrito  
Bacon Cheeseburger  
Chicken Caesar Salad  
Sausage Pizza

## Tuesday

Nacho Chili Cheese Dog **3**  
Chicken Parm w/ Spaghetti  
Tornados  
Spicy Crispy Chicken Salad  
Buffalo Chicken Pizza

Chicken Cordon Bleu **10**  
Cheese Chilaquiles  
Pizza Pocket  
Spicy Crispy Chicken Salad  
Buffalo Chicken Pizza

Teriyaki Chicken w/ Seasoned Rice **17**  
Spicy Chicken Tenders  
Tornados  
Spicy Crispy Chicken Salad  
Buffalo Chicken Pizza

Cheesy Breadsticks w/ Marinara **24**  
Chicken Soft Tacos  
Pizza Pocket  
Spicy Crispy Chicken Salad  
Buffalo Chicken Pizza

**Prior year meal applications expire!!**

## Wednesday

BBQ Rib Burger **4**  
Beef Sticks w/ Mashed Potatoes & Gravy  
Popcorn Chicken Basket  
Tuna Sandwich  
Grilled Chicken Salad  
Meat Lover Pizza

Crunchy Beef Tacos **11**  
Pepperjack Chicken Burger  
Chicken Strip Basket  
Tuna Sandwich  
Grilled Chicken Salad  
Meat Lover Pizza

Cheeseburger **18**  
Spicy Chicken Burger  
Pepperoni Pizza

Supreme Nachos **25**  
Grilled Cheese Sandwich  
Popcorn Chicken Basket  
Tuna Sandwich  
Grilled Chicken Salad  
Meat Lover Pizza

## Thursday

Taco Salad **5**  
Chicken Burger  
Mini Corn Dogs  
Crispy Chicken Salad  
Supreme Pizza

Orange Chicken w/ Seasoned Rice **12**  
Sloppy Joe  
Bean & Cheese Burrito  
Crispy Chicken Salad  
Supreme Pizza

Meatloaf w/ Mashed Potatoes & Gravy **19**  
Chicken Burger w/ Cheese  
Mini Corn Dogs  
Crispy Chicken Salad  
Supreme Pizza

Chicken Alfredo w/ Breadsticks **26**  
Nacho Chili Cheese Fries  
Bean & Cheese Burrito  
Crispy Chicken Salad  
Supreme Pizza

## Friday

Breakfast for Lunch **6**  
Chicken Nuggets w/ Dinner Roll  
Buffalo Chicken Basket  
Tuna Sandwich  
Southwestern Salad  
Jalapeno & Pepperoni Pizza

Carne Asada Fries **13**  
Chicken Parmesan Burger  
Chicken Nugget Basket  
Tuna Sandwich  
Southwestern Salad  
Jalapeno & Pepperoni Pizza

Chicken & Waffles **20**  
Corn Dog  
Buffalo Chicken Basket  
Tuna Sandwich  
Southwestern Salad  
Jalapeno & Pepperoni Pizza

Chicken Fajita w/ Spanish Rice **27**  
Lumberjack Burger  
Chicken Nugget Basket  
Tuna Sandwich  
Southwestern Salad  
Jalapeno & Pepperoni Pizza



Lunch Prices Paid: \$3.25    Reduced \$ .40    Adult Lunch \$4.75

Questions please call (760) 336-4261

For information on meal payments, meal applications, menus or our school wellness policy, please visit our nutrition services page on the school website.

**This institution is an equal opportunity provider**